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A red arrow graphic pointing to the right, starting from the left margin and extending across the top of the page.

al growth, positive relations with others, purpose in life, and self-acceptance. Items were rated on a 6-point Likert scale ( $\alpha = .88$ ).

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uestionnaire assessing the disposition to experience gratitude. Items were rated on a 7-point Likert scale ( $\alpha = .82$ ).

ive happiness. Items were rated on a 7-point Likert scale ( $\alpha = .86$ ).

							$\alpha$




	Model 1 $\beta$	Model 2 $\beta$	Model 3 $\beta$
$\Delta R^2$			
F for $\Delta R^2$			

significantly predicted adolescent well-being. When parental happiness was added in Model 2, it contributed significant unique variance ( $\Delta R^2 = .12$ ,  $p < .001$ ). In Model 3, adolescent A

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